

Harvest of the Month:

Beef

Keep it moooving! Beef packs a powerful nutritional punch. It is an excellent source of protein for building strong muscles and contains important nutrients like iron and B vitamins. Select lean cuts of beef, trim the fat, and drain cooked ground beef to lower the fat content.

[Harvest of the Month Family Flier](#)



May Family Newsletter!

Health & Safety:

With nicer weather comes the need for proper outdoor attire to help protect the kiddos from sunburns and bug bites! I recommend sun hats and light clothing as we spend a good part of our days outside in the summer. You are welcome to send in a natural bug repellent and sunscreen, we will apply them once in the mornings and once in the afternoons before going outside.

Explorations & Learning:

The children are learning classification concepts such as describing similarities and differences of the various seeds we have been planting and the bugs we are observing. The children will be working on their numbers as they count the different seeds, and will be exploring space concepts as they fill and empty many different containers to start our class garden in. The children will be exploring concepts such as metamorphosis and the butterfly, ladybug, and preying mantis life cycles as well as germination of seeds and what seeds need to grow. Through this research the children will be working on their number concepts, such as counting, comparing the number of objects to determine "more", "fewer", and "same number". The children will also be working on their space concepts such as filling and emptying and fitting things together.

Policy review:

Diapering and Potty Training (Pg 31 of Policies and Procedures):

-Staff check and change soiled diapers every 2 hours (or as needed).

Some signs that your child may be ready for toilet training:

- They are dry for several hours at a time
- They can pull up and down loose-fitting clothes
- They are interested in watching and talking about toileting
- They don't like wet or dirty diapers
- They communicate when they have gone potty

Program News:

Jenna has officially joined the Wild Wonders Teaching Team this week and is enjoying getting to know the children!

Hi! My name is Jenna and I'm originally from Missoula but moved to Corvallis 2 years ago and still live there. I have one year previously working at a child care center and growing up my mom owned her own child care! I have my own 1 year old son who is my absolute best friend. I have always enjoyed working with children of all ages and love learning new things about new kids. My favorite part of working with kids is watching them grow and learn everyday and of course their bright smiles, that light up my day! I'm excited to have joined this team and to grow with the Wild Wonders team!

Just a reminder that we are closed Monday May 31st for Memorial Day. It is a paid holiday closure.



Community resources:

Tinkergarten's month of nature based children's activities:

[Outdoor Family Activities](#)

Missoula Farmer's Market season is officially going! Located by the XXXX's on Higgins this walking market is a great way to stock up on locally sourced fruits and vegetables and a wide array of home made goods.

Hours:

Saturdays May-Sept. 8a-12:30p, Octo. 9a-12:30p
Tuesdays June-Sept. 5-7p